

Health Policy

- Please don't come to the retreat if you are feeling unwell. Wait until you have fully recovered before coming.
- If you show any signs of becoming unwell during the retreat, you will be required to inform the retreat managers.
- You will be required to follow any reasonable directives about treatment or isolation.
- Decisions around health treatment, including isolation, will be based on local health professionals' guidelines.
- Of course, if you're required to isolate you won't be able to be with Babaji during that time. This is unfortunate, but vital to prevent the spread of illness to everyone else, including Babaji.
- We will support you as a priority if you are unwell, but you will need to cover all costs, including accessing any health facilities.



Please know that to proceed with your application you will need to accept this policy



General Policy

- The contribution is to be given on arrival and is not refundable.
- Participants are expected to maintain the peace and tranquility of the Ashram and maintain silence as much as possible, especially during meditation, puja, chanting, and after the daily schedule finishes after dinner.
- Participants are expected to follow the retreat timings, including the meal schedule, and encouraged to remain inside the Ashram premises throughout the retreat.
- Participants are expected to respect and follow the Ashram policies and guidelines and local laws and regulations.
- Room allocation: preference will be given based on the order of applications received, taking into account individual and Ashram needs.
- The Ashram strictly prohibits all intoxicants including alcohol and drugs. Smoking is prohibited on the Ashram premises.
- Participants are expected to respect the local culture and traditions of the small village.
- Privacy: the organisation may collect and use the personal information provided by the participants, as well as any photos or videos that may be taken during the retreat, all for organizational purposes and future events. Please see the privacy notice on our website (www.srby.org) for full details.



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